

INFO

Made from mashed sweet potatoes and carrots and fine spices.

INGREDIENTS

Mashed sweet potatoes 50 %, mashed carrots 20 %, potato flakes, modified starch, potato starch, sunflower oil, thickening agents methylcellulose and guar seed flour, table salt, CHICKEN EGG WHITE POWDER, stabilizer mono and diglycerides of fatty acids, spices.

Sweet Potato Gnocchi

WEIGHT PER UNIT APPROX. 8 G



Packaging

ARTNO.	5125
PER CARTON	2 x 2.5 kg bag
CARTONS PER PAL./LAYER	117/9
EAN INDIV. PACKAGE	4006934 512509
EAN OUTER PACKAGE	4006934 512516
MDD	18 months



Nutrition

ENERGY	626 kJ / 149 kcal
FAT	1,7 g
OF WHICH SATURATES	0,3 g

CARBOHYDRATE	29 g
OF WHICH SUGARS	6,4 g
PROTEIN	2,2 g
SALT	1,6 g

Contents



No preservatives

No artificial colouring

No natural colouring

lactose-free

gluten-free

(ී Vegetarian



Preparation

FRYING PAN

Fry the frozen product with some oil at medium heat for about 8 minutes. Turn over several times.

STEAMER OVEN

Place one bag of the frozen product on a GN plate and cook at 120 ° C and 100% steam for approx. 8 - 10 minutes.

COOKING POT

Place the frozen product in five times the amount of boiling water. Briefly bring to the boil again. Then let it simmer over a low heat until the gnocchi are floating on the top.

Find recipes for this product

under www.schne-frost.com

