

Sweet Potato Gnocchi

WEIGHT PER UNIT APPROX. 8 G



Packaging

ART.-NO.	5125
PER CARTON	2 x 2.5 kg bag
CARTONS PER PAL./LAYER	117/9
EAN INDIV. PACKAGE	4006934 512509
EAN OUTER PACKAGE	4006934 512516
MDD	18 months



Nutrition

ENERGY	626 kJ / 149 kcal
FAT	1,7 g
OF WHICH SATURATES	0,3 g

CARBOHYDRATE	29 g
OF WHICH SUGARS	6,4 g
PROTEIN	2,2 g
SALT	1,6 g



Preparation

FRYING PAN

Fry the frozen product with some oil at medium heat for about 8 minutes. Turn over several times.

COOKING POT

Place the frozen product in five times the amount of boiling water. Briefly bring to the boil again. Then let it simmer over a low heat until the gnocchi are floating on the top.

STEAMER OVEN

Place one bag of the frozen product on a GN plate and cook at 120 ° C and 100% steam for approx. 8 - 10 minutes.



INFO

Made from mashed sweet potatoes and carrots and fine spices.

INGREDIENTS

Mashed sweet potatoes 50 %, mashed carrots 20 %, potato flakes, modified starch, potato starch, sunflower oil, thickening agents methylcellulose and guar seed flour, table salt, CHICKEN EGG WHITE POWDER, stabilizer mono and diglycerides of fatty acids, spices.

Contents

-  No hardened fats
-  No preservatives
-  No artificial colouring
-  No natural colouring
-  lactose-free
-  gluten-free
-  Cook & Chill
-  Vegetarian

Find recipes for this product

under www.schne-frost.com