# BIO Potato Pancakes



**WEIGHT PER UNIT 60 G, PREBAKED**

## Packaging

| | |
|---|---|
| **ART.-NO.** | 9509 |
| **PER CARTON** | 4 x 25 pieces (bag) |
| **CARTONS PER PAL./LAYER** | 81/9 |
| **EAN INDIV. PACKAGE** | 4006934 950912 |
| **EAN OUTER PACKAGE** | 4006934 950929 |
| **MDD** | 24 months |

## Nutrition

| | | | |
|---|---|---|---|
| **ENERGY** | 570 kJ / (136 kcal) | **CARBOHYDRATE** | 21 g |
| **FAT** | 4,3 g | **OF WHICH SUGARS** | 0,3 g |
| **OF WHICH SATURATES** | 0,6 g | **PROTEIN** | 3,3 g |
| | | **SALT** | 1,2 g |

## Preparation

**STEAMER OVEN**
Preheat steamer oven (hot air) to 200 °C. Bake the frozen product for about 12 minutes.

**OVEN (CIRCULATING AIR)**
Preheat oven to 190°C. Place the frozen product evenly on a baking tray covered with baking paper and bake for about 17 minutes.

**FRYING PAN**
Fry the frozen product with some oil at medium heat for about 7 minutes. Turn over several times.

**DEEP-FAT-FRYER**
Deep-fry the frozen product at a fat temperature of 175 °C for about 3 minutes. BIO only in use with Bio-oil.

**INFO**
Delicious BIO Potato Pancakes, made from fresh shredded organic quality potatoes. Piquantly seasoned and perfectly pre-fried on cast-iron pans. Made with 100 % organic sunflower oil.

**INGREDIENTS**
Potatoes*, ORGANIC sunflower oil*, CHICKEN WHOLE EGG POWDER*, corn starch*,, sea salt, onions*, WHEAT FLOUR*, thickening agent Xanthan, spice*, antioxidant ascorbic acid. *products from controlled-organic farming

## Contents

- No hardened fats
- No preservatives
- No artificial colouring
- No natural colouring
- lactose-free
- Vegetarian

## Find recipes for this product

under www.schne-frost.com