

BIO Potato Pancakes



WEIGHT PER UNIT APPROX. 60 G, PREBAKED



Packaging

ART.-NO.	9509
PER CARTON	4 x 25 pieces (bag)
CARTONS PER PAL./LAYER	81/9
EAN INDIV. PACKAGE	4006934 950912
EAN OUTER PACKAGE	4006934 950929
MDD	24 months

INFO

Delicious BIO Potato Pancakes, made from fresh shredded organic quality potatoes. Piquantly seasoned and perfectly pre-fried on cast-iron pans. Made with 100 % organic rapeseed oil.

INGREDIENTS

Potatoes*, sunflower oil*, WHEAT FLOUR*, CHICKEN WHOLE EGG POWDER*, corn starch*, potato starch*, sea salt, onions*, thickening agent Xanthan, spice*, antioxidant ascorbic acid.*products from controlled-organic farming

Contents

- No hardened fats
- No preservatives
- No artificial colouring
- No natural colouring
- lactose-free
- Vegetarian

Find recipes for this product

under www.schne-frost.com



Nutrition

ENERGY	570 kJ / (136 kcal)	CARBOHYDRATE	21 g
FAT	4,3 g	OF WHICH SUGARS	0,3 g
OF WHICH SATURATES	0,6 g	PROTEIN	3,3 g
		SALT	1,2 g



Preparation

STEAMER OVEN

Preheat steamer oven (hot air) to 200 °C. Bake the frozen product for about 12 minutes.

FRYING PAN

Fry the frozen product with some oil at medium heat for about 7 minutes. Turn over several times.

OVEN (CIRCULATING AIR)

Preheat oven to 190°C. Place the frozen product evenly on a baking tray covered with baking paper and bake for about 17 minutes.

DEEP-FAT-FRYER

Deep-fry the frozen product at a fat temperature of 175 °C for about 3 minutes. BIO only in use with Bio-oil.