

### INFO

Made from mashed sweet potatoes and carrots and fine spices.

#### INGREDIENTS

Mashed sweet potatoes 50 %, mashed carrots 20 %, potato flakes, modified starch, potato starch, sunflower oil, thickening agents (methylcellulose, guar seed flour, xanthan), table salt, CHICKEN EGG WHITE POWDER, stabilizer mono and diglycerides of fatty acids, spices.

### **Contents**

No hardened fats
------------------





(X) No natural colouring

(a) lactose-free

( gluten-free

(☑∗) Cook & Chill

(ඊ) Vegetarian

# Sweet Potato Gnocchi

### WEIGHT PER UNIT APPROX. 8 G



# Packaging

ARTNO.	5125
PER CARTON	2 x 2.5 kg bag
CARTONS PER PAL./LAYER	117/9
EAN INDIV. PACKAGE	4006934 512509
EAN OUTER PACKAGE	4006934 512516
MDD	18 months



### Nutrition

629 kJ / 149 kcal
1,7 g
0,3 g

CARBOHYDRATE	29 g
OF WHICH SUGARS	6,4 g
PROTEIN	2,2 g
SALT	1,6 g



# Preparation

### FRYING PAN

Fry the frozen product with some oil at medium heat for about 8 minutes. Turn over several times.

### STEAMER OVEN

(recommended preparation) Place one bag of the frozen product on a GN plate and cook at 120 ° C and 100% steam for approx. 8 - 10 minutes.

### COOKING POT

Place the frozen product in five times the amount of boiling water. Briefly bring to the boil again. Then let it simmer over a low heat until the gnocchi are floating on the top.

## Find recipes for this product

under www.schne-frost.com

